

Minestra

Submitted by: Alice Alessi, Louis Viverito Senior Center

Makes 4 servings

4 fresh Tomatoes

4 thin Zucchini

1 medium Onion

4 T. Oil

1 tsp. Oregano

1 tsp. Garlic Powder

1 pound Spaghetti

Chop and sauté tomatoes, zucchini and onion in oil. Add remaining ingredients and cook through, 20 minutes. Cook spaghetti. Serve together.

STORY:

This was made by accident one summer when I had all the ingredients. I told my Italian sister in-law and she said I'd made Minestra, an Italian dish!