

# Homemade Shampoo

Recipe from: <http://www.sustainablebabysteps.com/shampoo-recipes.html>

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½ C. Liquid Castile Soap

¼ C. canned Coconut Milk

¼ C. Honey

2 T. Fractionated Coconut Oil (if you can't find that, use jojoba or almond oil)

1 T. Vitamin E

50 drops Essential Oils (about ½ teaspoon. [I] use a combination of [wild orange](#) and [lavender](#) that smells amazing)

Mix all of the ingredients in a container with a lid. Put on the lid and shake to combine. Shake before using and use as you would any commercial shampoo.